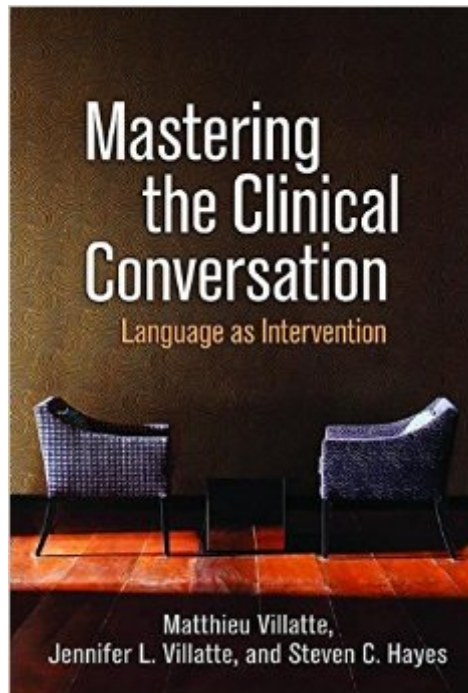


The book was found

Mastering The Clinical Conversation: Language As Intervention



Synopsis

This compelling book provides psychotherapists with evidence-based strategies for harnessing the power of language to free clients from life-constricting patterns and promote psychological flourishing. Grounded in relational frame theory (RFT), the volume shares innovative ways to enhance assessment and intervention using specific kinds of clinical conversations. Techniques are demonstrated for activating and shaping behavior change, building a flexible sense of self, fostering meaning and motivation, creating powerful experiential metaphors, and strengthening the therapeutic relationship. User-friendly features include more than 80 clinical vignettes with commentary by the authors, plus a "Quick Guide to Using RFT in Psychotherapy" filled with sample phrases and questions to ask.

Book Information

Hardcover: 406 pages

Publisher: The Guilford Press; 1 edition (November 10, 2015)

Language: English

ISBN-10: 1462523064

ISBN-13: 978-1462523061

Product Dimensions: 6 x 1.4 x 9 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (20 customer reviews)

Best Sellers Rank: #180,420 in Books (See Top 100 in Books) #24 in [Books > Medical Books > Psychology > Movements > Cognitive Behavioral Therapy](#) #313 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Psychiatry](#) #509 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry](#)

Customer Reviews

First, a bit of background â while I suspect that many who initially read this book will be ACT therapists, my focus is compassion-focused therapy (CFT), and I know relatively little about ACT. CFT is less a theoretical model than an attempt to integrate what science tells us about what it means to have a human life and, knowing that, how to help people move toward healthy ways of life. In this spirit, Iâve intended to learn more about relational frame theory (RFT) for quite some time now, so that I could develop my understanding of the scientific state-of-the-art around human language, particularly as it applies to the therapy process. As I suspect is the case with many, Iâve dipped into other RFT books a few times over the years and rapidly discovered that while

excellent, the technical level of the texts seemed to require an intellectual and time commitment I wasn't prepared to give, given the other demands in my life. If, like me, you've been waiting for a user-friendly RFT book that makes the learning easy and doesn't require many hours per week of dedicated study – well, this is that book. Yeah, this book is technical, too. The first 2-3 chapters are somewhat dense. They have to be, as the strength of RFT is its precision and firm rooting in a solid philosophy of science (functional contextualism), both of which require very specific terminology and rigorously defined concepts. The strength of this book is the ease of which these concepts can be learned. Don't worry about mastering those first 2-3 chapters before moving on – just give them a good read-through (you may want to revisit them at other times, for example after finishing the book), and keep going.

[Download to continue reading...](#)

Mastering the Clinical Conversation: Language as Intervention Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) Conversation: The Gentle Art Of Hearing & Being Heard - HowTo "Small Talk", How To Connect, How To Talk To Anyone (Conversation skills, Conversation starters, Small talk, Communication) Kid Talk: Conversation Cards for the Entire Family (Tabletalk Conversation Cards) Spanish Conversation Book Intermediate I: Spanish Dialogues-Spanish to English Translation (Spanish Conversation Book for Beginner, Intermediate and Intermediate II Levels nÂ° 2) (Spanish Edition) Spanish Conversation Book Intermediate II: Spanish Dialogues (Spanish Conversation Book for Beginners, Intermediate and Advanced Students nÂ° 4) (Spanish Edition) The Conversation Train: A Visual Approach to Conversation for Children on the Autism Spectrum The Green Zone Conversation Book: Finding Common Ground in Conversation for Children on the Autism Spectrum Conversation Skills: Tactics to Improve Your Conversation and Small Talk Skills for Better Social, Business and Relationship Communication (Communication Skill Training) Mastering Adoption Law and Policy (Mastering Series) (Carolina Academic Press Mastering) BODY LANGUAGE : Decoding Alpha Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language) A Guide to Crisis Intervention (HSE 225 Crisis Intervention) Crisis Intervention Strategies (HSE 225 Crisis Intervention) Elements of Crisis Intervention: Crisis and How to Respond to Them (HSE 225 Crisis Intervention) Bullying Prevention and Intervention: Realistic Strategies for Schools (The Guilford Practical Intervention in the Schools Series) Intervention Strategies to Follow Informal Reading Inventory Assessment: So What Do I Do Now? (3rd Edition) (Response to Intervention)

Executive Skills in Children and Adolescents, Second Edition: A Practical Guide to Assessment and Intervention (The Guilford Practical Intervention in the Schools Series) Children at Risk: Assessment, Longitudinal Research, and Intervention (Prevention and Intervention in Childhood and Adolescence) Crisis and Trauma: Developmental-ecological Intervention (Crisis Intervention) How To Analyze People: Body Language and Human Psychology Guide to Mastering Analyzing (Analyze People, Body Language, Human Psychology, How to Analyze People)

[Dmca](#)